



Southeast Steuben County Library
Library Readers Request & Advisory Program
New Non-Fiction Titles: 5 11 16



A Selection of New Non-Fiction Titles:

1966: The Year the Decade Exploded by Jon Savage: The pop world accelerated and broke through the sound barrier in 1966. In America, in London, in Amsterdam, in Paris, revolutionary ideas slow-cooking since the late '50s reached boiling point. In the worlds of pop, pop art, fashion and radical politics — often fueled by perception-enhancing substances and literature — the 'Sixties', as we have come to know them, hit their Modernist peak. A unique chemistry of ideas, substances, freedom of expression and dialogue across pop cultural continents created a landscape of immense and eventually shattering creativity. After 1966 nothing in the pop world would ever be the same. The 7 inch single outsold the long-player for the final time. It was the year in which the ever lasting and transient pop moment would burst forth in its most articulate, instinctive and radical way.

Jon Savage's 1966 is a monument to the year that shaped the pop future of the balance of the century. Exploring canonical artists like The Beatles, The Byrds, Velvet Underground, The Who and The Kinks, 1966 also goes much deeper into the social and cultural heart of the decade through unique archival primary sources.

All the Truth Is Out: The Week Politics Went Tabloid by Matt Bai: An NPR Best Book of the Year: In May 1987, Colorado Senator Gary Hart—a dashing, reform-minded Democrat—seemed a lock for the party's presidential nomination and led George H. W. Bush by double digits in the polls. Then, in one tumultuous week, rumors of marital infidelity and a newspaper's stakeout of Hart's home resulted in a media frenzy the likes of which had never been seen before.

Through the spellbindingly reported story of the Senator's fall from grace, Matt Bai, Yahoo News columnist and former chief political correspondent for The New York Times Magazine, shows the Hart affair to be far more than one man's tragedy: rather, it marked a crucial turning point in the ethos of political media, and the new norms of life in the public eye. All the Truth Is Out is a tour de force portrait of the American way of politics at the highest level, one that changes our understanding of how we elect our presidents and how the bedrock of American values has shifted under our feet.

America Ascendant: A Revolutionary Nation's Path to Addressing Its Deepest Problems and Leading the 21st Century by Stanley Greenberg: America is poised to lead the 21st Century, as it led the 20th. That will happen because the country is at a tipping point in the battle for its own renewal, a renewal that will allow America to be exceptional again.

Our economy is on the move, fueled by revolutions in energy, immigration, innovation, big data and advanced manufacturing. America's energy independence has set off shockwaves. Just as important are the

social transformations that are making the country ever more racially and culturally diverse, younger, a home to immigrants, and the metropolitan centers that foster a rising economic and cultural dynamism. While most other countries struggle profoundly with immigration and religious and racial differences, America's on a path to multicultural identity.

Those revolutions in the economy, society and culture and are also producing a new American majority that embraces new values and new politics. Republicans are waging a counter-revolution and that is why America looks gridlocked and why the country is turning to Democrats to take on the country's growing challenges. The economic and social transformations leave people struggling to earn enough and reach the middle class. Families are under stress. Government is corrupted by big money.

The American public is demanding the country address the dark side of our progress - and reforms are starting to happen. That is why Democrats will get to lead an era of reform and renewal comparable to the progressive era that mitigated the excesses of the Industrial Revolution.

In this incisive book, expert strategist Greenberg draws on years of research and polling to illuminate how America is far from being gridlocked and he articulates a powerful vision of how American politics and America can be renewed.

American Amnesia: How the War on Government Led Us to Forget What Made America Prosper by Jacob Hacker: From the groundbreaking author team behind the bestselling *Winner-Take-All Politics*, a timely and topical work that examines what's good for American business and what's good for Americans—and why those interests are misaligned.

In *Winner-Take-All Politics*, Jacob S. Hacker and Paul Pierson explained how political elites have enabled and propelled plutocracy. Now in *American Amnesia*, they trace the economic and political history of the United States over the last century and show how a viable mixed economy has long been the dominant engine of America's prosperity.

Like every other prospering democracy, the United States developed a mixed economy that channeled the spirit of capitalism into strong growth and healthy social development. In this bargain, government and business were as much partners as rivals. Public investments in education, science, transportation, and technology laid the foundation for broadly based prosperity. Programs of economic security and progressive taxation provided a floor of protection and business focused on the pursuit of profit—and government addressed needs business could not.

The mixed economy was the most important social innovation of the twentieth century. It spread a previously unimaginable level of broad prosperity. It enabled steep increases in education, health, longevity, and economic security. And yet, extraordinarily, it is anathema to many current economic and political elites. And as the advocates of anti-government free market fundamentalist have gained power, they are hell-bent on scrapping the instrument of nearly a century of unprecedented economic and social progress. In *American Amnesia*, Hacker and Pierson explain how—and why they must be stopped.

America--Farm to Table: Simple, Delicious Recipes Celebrating Local Farmers by Mario Batali: Mario Batali,²

who knows the importance of ingredients to any amazing dish, sees farmers as the rock stars of the food world. In this new book he celebrates American farmers: their high quality products and their culture defined by hard work, integrity, and pride. Batali asked his chef friends from Nashville, Tennessee, to San Francisco, to tell him who their favorite farmers were, and those farmers graciously shared their personal stories along with their top-of-the-line produce and products.

In Seattle, Chef Matt Dillon introduces readers to Farmer Pierre Monnat, who produces fava beans and lamb. Batali then features those ingredients in such mouth-watering recipes as: Lamb Shank Sloppy Joes and Fava Bean Guacamole. In Washington, DC, Chef Jose Andres from Jaleo introduces us to Farmer Jim Crawford, who grows corn, broccoli, and strawberries. Batali's accompanying dishes include: Chilled Sweet Corn Soup and Grilled Salmon with Strawberry Salsa. Other stops along the way include: Tampa; Austin; Nashville; Las Vegas; Los Angeles; New York, San Francisco; Portland, Maine; Chicago; Cleveland; Suttons Bay, Michigan; and Vail, Colorado. With over 100 superb recipes, this is the book that every home cook will want upon returning from the farmer's market or grocers.

American Widow by Alissa Torres: On September 10, 2001, Eddie Torres started his dream job at Cantor Fitzgerald in the North Tower of the World Trade Center. The next morning, he said goodbye to his 7½-months-pregnant wife, Alissa, and headed out the door.

In an instant, Alissa's world was thrown into chaos. Forced to deal with unimaginable challenges, Alissa suddenly found herself cast into the role of "9/11 widow," tossed into a storm of bureaucracy, politics, patriotism, mourning, consolation, and, soon enough, motherhood.

Beautifully and thoughtfully illustrated, *American Widow* is the affecting account of one woman's journey through shock, pain, birth, and rebirth in the aftermath of a great tragedy. It is also the story of a young couple's love affair: how a Colombian immigrant and a strong-minded New Yorker met, fell in love, and struggled to fulfill their dreams. Above all, *American Widow* is a tribute to the resilience of the human heart and the very personal story of how one woman endured a very public tragedy.

And the Good News Is...: Lessons and Advice from the Bright Side by Dana Perino: Thoughtful, inspiring, and often surprising, *AND THE GOOD NEWS IS . . .* traces Dana Perino's unlikely journey through politics and television. It's a remarkable American story-made up of equal parts determination and clear-eyed optimism.

From facing professional challenges and confronting personal fears to stepping up to a podium for a President, Dana has come to expect the unexpected and has an uncanny ability to find the good news in any tough situation. *AND THE GOOD NEWS IS . . .* takes us from her Western childhood in Wyoming and Colorado to a chance meeting on an airplane that changes her life entirely. Then, with refreshing honesty and humor, she recounts her frustration with a string of unsatisfying jobs and living circumstances until a key career tip leads her back to Washington, D.C. to work for the Bush Administration.

Dana also shares here her best work and life lessons-tips that will help you to get your point across convincingly while allowing your own grace and personality to shine through. As someone who still believes in working together to solve the problems our nation faces, Dana offers clear, practical advice on how to

restore civility to our personal and public conversations. The result is a fascinating read that can help anyone become more successful, productive, and joyously content.

Approval Junkie: Adventures in Caring Too Much by Faith Salie: From comedian and journalist Faith Salie, of NPR's *Wait Wait...Don't Tell Me!* and CBS News Sunday Morning, a collection of daring, funny essays chronicling the author's adventures during her lifelong quest for approval

Faith Salie has done it all in the name of validation. Whether it's trying to impress her parents with a perfect GPA, undergoing an exorcism in the hopes of saving her toxic marriage, or maintaining the BMI of "a flapper with a touch of dysentery," Salie is the ultimate approval seeker—an "approval junkie," if you will.

In "Miss Aphrodite," she recounts her strategy for winning the high school beauty pageant. ("Not to brag or anything, but no one stood a chance against my emaciated, spastic resolve.") "What I Wore to My Divorce" describes Salie's struggle to pick the perfect outfit to wear to the courthouse to divorce her "wasband." ("I envisioned a look that said, 'Yo, THIS is what you'll be missing...even though you've introduced your new girlfriend to our mutual friends, and she's a decade younger than I am and is also a fit model.") In "Ovary Achiever," she shares tips on how to ace your egg retrieval. ("Thank your fertility doctor when she announces you have 'amazing ovaries.' Try to be humble about it ['Oh,these old things?'].") And in "Wait, Wait, Don't Tell Me About Batman's Nipples" she reveals the secrets behind *Wait Wait...Don't Tell Me!* ("I study for this show like Tracy Flick on *Adderall*").

With thoughtful irreverence, Salie reflects on why she tries so hard to please others, and herself, highlighting a phenomenon that many people—especially women—experience at home and in the workplace. Equal parts laugh-out loud funny and poignant, *Approval Junkie* is one woman's journey to realizing that seeking approval from others is more than just getting them to like you—it's challenging yourself to achieve, and survive, more than you ever thought you could. [An NPR Recommended Title.](#)

Back from the Dead by Bill Walton: This inspiring memoir from sports and cultural icon Bill Walton recounts his devastating injuries and amazing recoveries, set in the context of his UCLA triumphs under John Wooden, his storied NBA career, and his affinity for music and the Grateful Dead.

In February 2008, Bill Walton suffered a catastrophic spinal collapse—the culmination of a lifetime of injuries—that left him unable to move. He spent three years on the floor of his house, eating his meals there and crawling to the bathroom, where he could barely hoist himself up onto the toilet. The excruciating pain and slow recovery tested Walton to the fullest. But with extraordinary patience, fortitude, determination, and sacrifice—and pioneering surgery—he recovered, and now shares his life story in this remarkable and unique memoir.

Walton grew up in San Diego in the 1950s and 1960s and was deeply influenced by the political and cultural upheavals of that period. Although he strongly identified with the cool people, particularly in music and politics, his greatest role model outside his family was super-straight UCLA basketball coach John Wooden, a thoughtful, rigorous mentor who seemed immune to the turmoil of the times. Although there was always 4

tension and conflict between them, the two men would speak nearly every day for forty-three years, until Wooden's death at age ninety-nine.

Despite a lifelong stuttering affliction, Walton chose a career in broadcasting after his playing days ended. He eventually won an Emmy Award and other accolades for broadcasting and was recognized as a leading media pundit.

John Wooden once said that no greatness ever came without sacrifice. Nothing better illustrates this saying than the real story of Walton's life. In his own words, *Back from the Dead* shares this dramatic story, including his basketball and broadcasting careers, his many setbacks and rebounds, and his ultimate triumph as the toughest of champions.

Bad-Ass Librarians of Timbuktu: *And Their Race to Save the World's Most Precious Manuscripts* by Joshua Hammer: To save precious centuries-old Arabic texts from Al Qaeda, a band of librarians in Timbuktu pulls off a brazen heist worthy of Ocean's Eleven.

In the 1980s, a young adventurer and collector for a government library, Abdel Kader Haidara, journeyed across the Sahara Desert and along the Niger River, tracking down and salvaging tens of thousands of ancient Islamic and secular manuscripts that had fallen into obscurity. *The Bad-Ass Librarians of Timbuktu* tells the incredible story of how Haidara, a mild-mannered archivist and historian from the legendary city of Timbuktu, later became one of the world's greatest and most brazen smugglers.

In 2012, thousands of Al Qaeda militants from northwest Africa seized control of most of Mali, including Timbuktu. They imposed Sharia law, chopped off the hands of accused thieves, stoned to death unmarried couples, and threatened to destroy the great manuscripts. As the militants tightened their control over Timbuktu, Haidara organized a dangerous operation to sneak all 350,000 volumes out of the city to the safety of southern Mali.

Over the past twenty years, journalist Joshua Hammer visited Timbuktu numerous times and is uniquely qualified to tell the story of Haidara's heroic and ultimately successful effort to outwit Al Qaeda and preserve Mali's—and the world's—literary patrimony. Hammer explores the city's manuscript heritage and offers never-before-reported details about the militants' march into northwest Africa. But above all, *The Bad-Ass Librarians of Timbuktu* is an inspiring account of the victory of art and literature over extremism.

Balancing in Heels: My Journey to Health, Happiness, and Making It All Work by Kristin Cavallari: For the first time ever, entrepreneur, designer, and TV star Kristin Cavallari shares how she juggles all facets of her busy life with style and grace. From outlining health and wellness, food, fitness, fashion, and her success as a businesswoman to more private matters of family, motherhood, and her relationship with her husband, Chicago Bears quarterback Jay Cutler, Kristin leaves no stone unturned to give fans of *Laguna Beach* and *The Hills* all of the answers they've been looking for.

Tracing her journey from reality stardom to real life--the good, the bad, and the ugly--Kristin digs down to the

most personal of relationships in her life and discusses how they made her who she is today. She also talks about the amazing effects of her healthy diet and exercise, which have made Kristin and her family the happiest and healthiest they've ever been. Kristin shares the family's favorite recipes and even reveals how her food philosophy has drastically improved Jay's type 1 diabetes.

Balancing in Heels is a behind-the-scenes, in-depth look at who the real Kristin Cavallari is--unscripted.

Becoming Grandma: The Joys and Science of the New Grandparenting by Lesley Stahl: From one of the country's most recognizable journalists: How becoming a grandmother transforms a woman's life.

After four decades as a reporter, Lesley Stahl's most vivid and transformative experience of her life was not covering the White House, interviewing heads of state, or researching stories at 60 Minutes. It was becoming a grandmother. She was hit with a jolt of joy so intense and unexpected, she wanted to "investigate" it—as though it were a news flash. And so, using her 60 Minutes skills, she explored how grandmothering changes a woman's life, interviewing friends like Whoopi Goldberg, colleagues like Diane Sawyer (and grandfathers, including Tom Brokaw), as well as the proverbial woman next door.

Along with these personal accounts, Stahl speaks with scientists and doctors about physiological changes that occur in women when they have grandchildren; anthropologists about why there are grandmothers, in evolutionary terms; and psychiatrists about the therapeutic effects of grandchildren on both grandmothers and grandfathers.

Throughout *Becoming Grandma*, Stahl shares stories about her own life with granddaughters Jordan and Chloe, about how her relationship with her daughter, Taylor, has changed, and about how being a grandfather has affected her husband, Aaron.

In an era when baby boomers are becoming grandparents in droves and when young parents need all the help they can get raising their children, Stahl's book is a timely and affecting read that redefines a cherished relationship.

Blood Brothers: The Fatal Friendship Between Muhammad Ali and Malcolm X by Randy Roberts: In 1962, boxing writers and fans considered Cassius Clay an obnoxious self-promoter, and few believed that he would become the heavyweight champion of the world. But Malcolm X, the most famous minister in the Nation of Islam—a sect many white Americans deemed a hate cult—saw the potential in Clay, not just for boxing greatness, but as a means of spreading the Nation's message. The two became fast friends, keeping their interactions secret from the press for fear of jeopardizing Clay's career. Clay began living a double life—a patriotic "good Negro" in public, and a radical reformer behind the scenes. Soon, however, their friendship would sour, with disastrous and far-reaching consequences.

Burglar's Guide to the City by Geoff Manaugh: Encompassing nearly 2,000 years of heists and tunnel jobs, break-ins and escapes, *A Burglar's Guide to the City* offers an unexpected blueprint to the criminal possibilities in the world all around us. You'll never see the city the same way again.

At the core of *A Burglar's Guide to the City* is an unexpected and thrilling insight: how any building transform

when seen through the eyes of someone hoping to break into it. Studying architecture the way a burglar would, Geoff Manaugh takes readers through walls, down elevator shafts, into panic rooms, up to the buried vaults of banks, and out across the rooftops of an unsuspecting city.

With the help of FBI Special Agents, reformed bank robbers, private security consultants, the L.A.P.D. Air Support Division, and architects past and present, the book dissects the built environment from both sides of the law. Whether picking padlocks or climbing the walls of high-rise apartments, finding gaps in a museum's surveillance routine or discussing home invasions in ancient Rome, *A Burglar's Guide to the City* has the tools, the tales, and the x-ray vision you need to see architecture as nothing more than an obstacle that can be outwitted and undercut.

Full of real-life heists—both spectacular and absurd—*A Burglar's Guide to the City* ensures readers will never enter a bank again without imagining how to loot the vault or walk down the street without planning the perfect getaway.

Consequence: A Memoir by Eric Fair: *Consequence* is the story of Eric Fair, a kid who grew up in the shadows of crumbling Bethlehem Steel plants nurturing a strong faith and a belief that he was called to serve his country. It is a story of a man who chases his own demons from Egypt, where he served as an Army translator, to a detention center in Iraq, to seminary at Princeton, and eventually, to a heart transplant ward at the University of Pennsylvania.

In 2004, after several months as an interrogator with a private contractor in Iraq, Eric Fair's nightmares take new forms: first, there had been the shrinking dreams; now the liquid dreams begin. By the time he leaves Iraq after that first deployment (he will return), Fair will have participated in or witnessed a variety of aggressive interrogation techniques including sleep deprivation, stress positions, diet manipulation, exposure, and isolation. Years later, his health and marriage crumbling, haunted by the role he played in what we now know as "enhanced interrogation," it is Fair's desire to speak out that becomes a key to his survival. Spare and haunting, Eric Fair's memoir is both a brave, unrelenting confession and a book that questions the very depths of who he, and we as a country, have become.

Cuban Table: A Celebration of Food, Flavors, and History by Ana Pelaez: ~Nominated for a James Beard Award in the international cookbook category!~

The *Cuban Table* is a comprehensive, contemporary overview of Cuban food, recipes and culture as recounted by serious home cooks and professional chefs, restaurateurs and food writers. Cuban-American food writer Ana Sofia Pelaez and award-winning photographer Ellen Silverman traveled through Cuba, Miami and New York to document and learn about traditional Cuban cooking from a wide range of authentic sources.

Cuban home cooks are fiercely protective of their secrets. Content with a private kind of renown, they demonstrate an elusive turn of hand that transforms simple recipes into bright and memorable meals that draw family and friends to their tables time and again. More than just a list of ingredients or series of steps, Cuban cooks' tricks and touches hide in plain sight, staying within families or being passed down in well-worn

copies of old cookbooks largely unread outside of the Cuban community.

Here you'll find documented recipes for everything from iconic Cuban sandwiches to rich stews with Spanish accents and African ingredients, accompanied by details about historical context and insight into cultural nuances. More than a cookbook, *The Cuban Table* is a celebration of Cuban cooking, culture and cuisine. With stunning photographs throughout and over 110 deliciously authentic recipes this cookbook invites you into one of the Caribbean's most interesting and vibrant cuisines.

Disrupted: My Misadventure in the Start-Up Bubble by Dan Lyons: For twenty-five years Dan Lyons was a magazine writer at the top of his profession--until one Friday morning when he received a phone call: Poof. His job no longer existed. "I think they just want to hire younger people," his boss at Newsweek told him. Fifty years old and with a wife and two young kids, Dan was, in a word, screwed. Then an idea hit. Dan had long reported on Silicon Valley and the tech explosion. Why not join it? HubSpot, a Boston start-up, was flush with \$100 million in venture capital. They offered Dan a pile of stock options for the vague role of "marketing fellow." What could go wrong?

HubSpotters were true believers: They were making the world a better place ... by selling email spam. The office vibe was frat house meets cult compound: The party began at four thirty on Friday and lasted well into the night; "shower pods" became hook-up dens; a push-up club met at noon in the lobby, while nearby, in the "content factory," Nerf gun fights raged. Groups went on "walking meetings," and Dan's absentee boss sent cryptic emails about employees who had "graduated" (read: been fired). In the middle of all this was Dan, exactly twice the age of the average HubSpot employee, and literally old enough to be the father of most of his co-workers, sitting at his desk on his bouncy-ball "chair."

Mixed in with Lyons's uproarious tale of his rise and fall at Hubspot is a trenchant analysis of the start-up world, a de facto conspiracy between those who start companies and those who fund them, a world where bad ideas are rewarded with hefty investments, where companies blow money lavishing perks on their post-collegiate workforces, and where everybody is trying to hang on just long enough to reach an IPO and cash out.

With a cast of characters that includes devilish angel investors, fad-chasing venture capitalists, entrepreneurs and "wantrapreneurs," bloggers and programmers, social climbers and sociopaths, *Disrupted* is a gripping and definitive account of life in the (second) tech bubble. [An NPR Recommended Title.](#)

Empire of Things: How We Became a World of Consumers, from the Fifteenth Century to the Twenty-First by Trent Trentmann: What we consume has become a central—perhaps the central—feature of modern life. Our economies live or die by spending, we increasingly define ourselves by our possessions, and this ever-richer lifestyle has had an extraordinary impact on our planet. How have we come to live with so much stuff, and how has this changed the course of history?

In *Empire of Things*, Frank Trentmann unfolds the extraordinary story of our modern material world, from Renaissance Italy and late Ming China to today's global economy. While consumption is often portrayed as a recent American export, this monumental and richly detailed account shows that it is in fact a truly

international phenomenon with a much longer and more diverse history. Trentmann traces the influence of trade and empire on tastes, as formerly exotic goods like coffee, tobacco, Indian cotton and Chinese porcelain conquered the world, and explores the growing demand for home furnishings, fashionable clothes and convenience that transformed private and public life. The nineteenth and twentieth centuries brought department stores, credit cards and advertising, but also the rise of the ethical shopper, new generational identities and, eventually, the resurgence of the Asian consumer.

With an eye to the present and future, Frank Trentmann provides a long view on the global challenges of our relentless pursuit of more—from waste and debt to stress and inequality. A masterpiece of research and storytelling many years in the making, *Empire of Things* recounts the epic history of the goods that have seduced, enriched and unsettled our lives over the past six hundred years. [An NPR Recommended Title.](#)

Food with Friends: The Art of Simple Gatherings by Leela Cyd: Small bites and treats to share.

The best gatherings are simple, yet somehow special. They might begin with an impromptu picnic after shopping at the farmer's market or a late lunch with neighbors that stretches into cocktails under the stars. Whatever the occasion, this picture-perfect cookbook shows how to turn any meal into a delectable affair. These effortless recipes for brunch, teatime, happy hours, picnics, potlucks, and dessert all include a whimsical twist: a few slices of French toast doused in lavender syrup, rainbow chard empanadas served with pistachio crema, or a vibrant purple cauliflower hummus. With tips on creating an inviting table, stocking a pantry to make last-minute nibbles, and packing delicious parting gifts for guests, *Food with Friends* will inspire any get-together, however large or small.

Frederick the Great: King of Prussia by Tim Blanning: The definitive biography of the legendary autocrat whose enlightened rule transformed the map of Europe and changed the course of history

Few figures loom as large in European history as Frederick the Great. When he inherited the Prussian crown in 1740, he ruled over a kingdom of scattered territories, a minor Germanic backwater. By the end of his reign, the much larger and consolidated Prussia ranked among the continent's great powers. In this magisterial biography, award-winning historian Tim Blanning gives us an intimate, in-depth portrait of a king who dominated the political, military, and cultural life of Europe half a century before Napoleon.

A brilliant, ambitious, sometimes ruthless monarch, Frederick was a man of immense contradictions. This consummate conqueror was also an ardent patron of the arts who attracted painters, architects, musicians, playwrights, and intellectuals to his court. Like his fellow autocrat Catherine the Great of Russia, Frederick was captivated by the ideals of the Enlightenment—for many years he kept up lively correspondence with Voltaire and other leading thinkers of the age. Yet, like Catherine, Frederick drew the line when it came to implementing Enlightenment principles that might curtail his royal authority.

Frederick's terrifying father instilled in him a stern military discipline that would make the future king one of the most fearsome battlefield commanders of his day, while deriding as effeminate his son's passion for modern ideas and fine art. Frederick, driven to surpass his father's legacy, challenged the dominant German-speaking powers, including Saxony, Bavaria, and the Habsburg Monarchy. It was an audacious foreign policy

gambit, one at which Frederick, against the expectations of his rivals, succeeded.

In examining Frederick's private life, Blanning also carefully considers the long-debated question of Frederick's sexuality, finding evidence that Frederick lavished gifts on his male friends and maintained homosexual relationships throughout his life, while limiting contact with his estranged, unloved queen to visits that were few and far between.

The story of one man's life and the complete political and cultural transformation of a nation, Tim Blanning's sweeping biography takes readers inside the mind of the monarch, giving us a fresh understanding of Frederick the Great's remarkable reign.

Girls & Sex: Navigating the Complicated New Landscape by Peggy Orenstein: The author of the New York Times bestseller *Cinderella Ate My Daughter* offers a clear-eyed picture of the new sexual landscape girls face in the post-princess stage—high school through college—and reveals how they are negotiating it.

A generation gap has emerged between parents and their girls. Even in this age of helicopter parenting, the mothers and fathers of tomorrow's women have little idea what their daughters are up to sexually or how they feel about it. Drawing on in-depth interviews with over seventy young women and a wide range of psychologists, academics, and experts, renowned journalist Peggy Orenstein goes where most others fear to tread, pulling back the curtain on the hidden truths, hard lessons, and important possibilities of girls' sex lives in the modern world.

While the media has focused—often to sensational effect—on the rise of casual sex and the prevalence of rape on campus, in *Girls and Sex* Peggy Orenstein brings much more to the table. She examines the ways in which porn and all its sexual myths have seeped into young people's lives; what it means to be the “the perfect slut” and why many girls scorn virginity; the complicated terrain of hookup culture and the unfortunate realities surrounding assault. In Orenstein's hands these issues are never reduced to simplistic “truths;” rather, her powerful reporting opens up a dialogue on a potent, often silent, subtext of American life today—giving readers comprehensive and in-depth information with which to understand, and navigate, this complicated new world.

Global Inequality: A New Approach for the Age of Globalization by Branko Milanovic: One of the world's leading economists of inequality, Branko Milanovic presents a bold new account of the dynamics that drive inequality on a global scale. Drawing on vast data sets and cutting-edge research, he explains the benign and malign forces that make inequality rise and fall within and among nations. He also reveals who has been helped the most by globalization, who has been held back, and what policies might tilt the balance toward economic justice.

Global Inequality takes us back hundreds of years, and as far around the world as data allow, to show that inequality moves in cycles, fueled by war and disease, technological disruption, access to education, and redistribution. The recent surge of inequality in the West has been driven by the revolution in technology, just as the Industrial Revolution drove inequality 150 years ago. But even as inequality has soared within nations, it has fallen dramatically among nations, as middle-class incomes in China and India have drawn 10

closer to the stagnating incomes of the middle classes in the developed world. A more open migration policy would reduce global inequality even further.

Both American and Chinese inequality seems well entrenched and self-reproducing, though it is difficult to predict if current trends will be derailed by emerging plutocracy, populism, or war. For those who want to understand how we got where we are, where we may be heading, and what policies might help reverse that course, Milanovic's compelling explanation is the ideal place to start.

Heart of Europe: A History of the Holy Roman Empire by Peter Wilson: The Holy Roman Empire lasted a thousand years, far longer than ancient Rome. Yet this formidable dominion never inspired the awe of its predecessor. Voltaire distilled the disdain of generations when he quipped it was neither holy, Roman, nor an empire. Yet as Peter Wilson shows, the Holy Roman Empire tells a millennial story of Europe better than the histories of individual nation-states. And its legacy can be seen today in debates over the nature of the European Union.

Heart of Europe traces the Empire from its origins within Charlemagne's kingdom in 800 to its demise in 1806. By the mid-tenth century its core rested in the German kingdom, and ultimately its territory stretched from France and Denmark to Italy and Poland. Yet the Empire remained stubbornly abstract, with no fixed capital and no common language or culture. The source of its continuity and legitimacy was the ideal of a unified Christian civilization, but this did not prevent emperors from clashing with the pope over supremacy—the nadir being the sack of Rome in 1527 that killed 147 Vatican soldiers.

Though the title of Holy Roman Emperor retained prestige, rising states such as Austria and Prussia wielded power in a way the Empire could not. While it gradually lost the flexibility to cope with political, economic, and social changes, the Empire was far from being in crisis until the onslaught of the French revolutionary wars, when a crushing defeat by Napoleon at Austerlitz compelled Francis II to dissolve his realm.

I Must Be Living Twice: New and Selected Poems 1975 – 2014 by Eileen Myles: A collection of thrilling verse, including both new poems and beloved favorites, from the celebrated poet, modern cult icon, and author of *Chelsea Girls*.

Eileen Myles' work is known for its blend of reality and fiction, the sublime and the ephemeral. Her work opens readers to astonishing new considerations of familiar places, like the East Village in her iconic *Chelsea Girls*, and invites them into lush—and sometimes horrid—dream worlds, imbuing the landscapes of her writing with the vividness and energy of fantasy.

I Must Be Living Twice brings together selections from the poet's previous work with a set of bold new poems that reflect her sardonic, unapologetic, and fiercely intellectual literary voice. Steeped in the culture of New York City, Myles' milieu, *I Must Be Living Twice* is a prism refracting a radical world and a compelling life.

Into the Black: The Extraordinary Untold Story of the First Flight of the Space Shuttle Columbia and the Astronauts Who Flew Her by Rowland White: The real-life techno-thriller from a bestselling author and

aviation expert that recaptures the historic moments leading up to the launch of the space shuttle Columbia and the exciting story of her daring maiden flight.

Using interviews, NASA oral histories, and recently declassified material, *Into the Black* pieces together the dramatic untold story of the Columbia mission and the brave people who dedicated themselves to help the United States succeed in the age of space exploration. On April 12, 1981, NASA's Space Shuttle Columbia blasted off from Cape Canaveral. It was the most advanced, state-of-the-art flying machine ever built, challenging the minds and imagination of America's top engineers and pilots. Columbia was the world's first real spaceship: a winged rocket plane, the size of an airliner, and capable of flying to space and back before preparing to fly again.

On board were moonwalker John Young and test pilot Bob Crippen. Less than an hour after Young and Crippen's spectacular departure from the Cape, all was not well. Tiles designed to protect the ship from the blowtorch burn of re-entry were missing from the heat shield. If the damage to Columbia was too great, the astronauts wouldn't be able to return safely to earth. NASA turned to the National Reconnaissance Office, a spy agency hidden deep inside the Pentagon whose very existence was classified. To help the ship, the NRO would attempt something never done before. Success would require skill, perfect timing, and luck.

Set against the backdrop of the Cold War, *Into the Black* is a thrilling race against time and the incredible true story of the first space shuttle mission that celebrates our passion for spaceflight.

Kill 'em and Leave: Searching for James Brown and the American Soul by James McBride: National Book Award winner James McBride goes in search of the "real" James Brown after receiving a tip that promises to uncover the man behind the myth. His surprising journey illuminates not only our understanding of this immensely troubled, misunderstood, and complicated soul genius but the ways in which our cultural heritage has been shaped by Brown's legacy.

Kill 'Em and Leave is more than a book about James Brown. Brown's rough-and-tumble life, through McBride's lens, is an unsettling metaphor for American life: the tension between North and South, black and white, rich and poor. McBride's travels take him to forgotten corners of Brown's never-before-revealed history: the country town where Brown's family and thousands of others were displaced by America's largest nuclear power bomb-making facility; a South Carolina field where a long-forgotten cousin recounts, in the dead of night, a fuller history of Brown's sharecropping childhood, which until now has been a mystery. McBride seeks out the American expatriate in England who co-created the James Brown sound, visits the trusted right-hand manager who worked with Brown for forty-one years, and interviews Brown's most influential nonmusical creation, his "adopted son," the Reverend Al Sharpton. He describes the stirring visit of Michael Jackson to the Augusta, Georgia, funeral home where the King of Pop sat up all night with the body of his musical godfather, spends hours talking with Brown's first wife, and lays bare the Dickensian legal contest over James Brown's estate, a fight that has consumed careers; prevented any money from reaching the poor schoolchildren in Georgia and South Carolina, as instructed in his will; cost Brown's estate millions in legal fees; and left James Brown's body to lie for more than eight years in a gilded coffin in his daughter's yard in South Carolina.

James McBride is one of the most distinctive and electric literary voices in America today, and part of the pleasure of his narrative is being in his presence, coming to understand Brown through McBride's own insights as a black musician with Southern roots. *Kill 'Em and Leave* is a song unearthing and celebrating James Brown's great legacy: the cultural landscape of America today.

Lab Girl by Hope Jahren: An illuminating debut memoir of a woman in science; a moving portrait of a longtime friendship; and a stunningly fresh look at plants that will forever change how you see the natural world

Acclaimed scientist Hope Jahren has built three laboratories in which she's studied trees, flowers, seeds, and soil. Her first book is a revelatory treatise on plant life—but it is also so much more.

Lab Girl is a book about work, love, and the mountains that can be moved when those two things come together. It is told through Jahren's remarkable stories: about her childhood in rural Minnesota with an uncompromising mother and a father who encouraged hours of play in his classroom's labs; about how she found a sanctuary in science, and learned to perform lab work done "with both the heart and the hands"; and about the inevitable disappointments, but also the triumphs and exhilarating discoveries, of scientific work.

Yet at the core of this book is the story of a relationship Jahren forged with a brilliant, wounded man named Bill, who becomes her lab partner and best friend. Their sometimes rogue adventures in science take them from the Midwest across the United States and back again, over the Atlantic to the ever-light skies of the North Pole and to tropical Hawaii, where she and her lab currently make their home.

Jahren's probing look at plants, her astonishing tenacity of spirit, and her acute insights on nature enliven every page of this extraordinary book. *Lab Girl* opens your eyes to the beautiful, sophisticated mechanisms within every leaf, blade of grass, and flower petal. Here is an eloquent demonstration of what can happen when you find the stamina, passion, and sense of sacrifice needed to make a life out of what you truly love, as you discover along the way the person you were meant to be.

Love, Loss, and What We Ate: A Memoir by Padma Lakshmi: A vivid memoir of food and family, survival and triumph, *Love, Loss, and What We Ate* traces the arc of Padma Lakshmi's unlikely path from an immigrant childhood to a complicated life in front of the camera—a tantalizing blend of Ruth Reichl's *Tender at the Bone* and Nora Ephron's *Heartburn*

Long before Padma Lakshmi ever stepped onto a television set, she learned that how we eat is an extension of how we love, how we comfort, how we forge a sense of home—and how we taste the world as we navigate our way through it. Shuttling between continents as a child, she lived a life of dislocation that would become habit as an adult, never quite at home in the world. And yet, through all her travels, her favorite food remained the simple rice she first ate sitting on the cool floor of her grandmother's kitchen in South India.

Poignant and surprising, *Love, Loss, and What We Ate* is Lakshmi's extraordinary account of her journey from

that humble kitchen, ruled by ferocious and unforgettable women, to the judges' table of Top Chef and beyond. It chronicles the fierce devotion of the remarkable people who shaped her along the way, from her headstrong mother who flouted conservative Indian convention to make a life in New York, to her Brahmin grandfather—a brilliant engineer with an irrepressible sweet tooth—to the man seemingly wrong for her in every way who proved to be her truest ally. A memoir rich with sensual prose and punctuated with evocative recipes, it is alive with the scents, tastes, and textures of a life that spans complex geographies both internal and external.

Love, Loss, and What We Ate is an intimate and unexpected story of food and family—both the ones we are born to and the ones we create—and their enduring legacies.

Lust & Wonder: A Memoir by Augusten Burroughs: From the beloved #1 New York Times bestselling author comes an intimate look at the driving forces in one man's life.

With Augusten's unique and singular observations and his own unabashed way of detailing both the horrific and the humorous, Lust and Wonder is a hilariously frank memoir that his legions of fans have been waiting for. His story began in *Running with Scissors*, endured through *Dry*, and continues with this memoir, the capstone to the life of Augusten Burroughs.

Funny, sweet, alarming, and ultimately, moving and tender, Lust & Wonder is an experience of a book that will resonate with anyone who has loved and lost and loved again.

Mathews Men: Seven Brothers and the War Against Hitler's U-Boats by William Geroux: Mathews County, Virginia, is a remote outpost on the Chesapeake Bay with little to offer except unspoiled scenery—but it sent an unusually large concentration of sea captains to fight in World War II. The Mathews Men tells that heroic story through the experiences of one extraordinary family whose seven sons (and their neighbors), U.S. merchant mariners all, suddenly found themselves squarely in the cross-hairs of the U-boats bearing down on the coastal United States in 1942.

From the late 1930s to 1945, virtually all the fuel, food and munitions that sustained the Allies in Europe traveled not via the Navy but in merchant ships. After Pearl Harbor, those unprotected ships instantly became the U-boats' prime targets. And they were easy targets—the Navy lacked the inclination or resources to defend them until the beginning of 1943. Hitler was determined that his U-boats should sink every American ship they could find, sometimes within sight of tourist beaches, and to kill as many mariners as possible, in order to frighten their shipmates into staying ashore.

As the war progressed, men from Mathews sailed the North and South Atlantic, the Caribbean, the Gulf of Mexico, the Mediterranean, the Indian Ocean, and even the icy Barents Sea in the Arctic Circle, where they braved the dreaded Murmansk Run. Through their experiences we have eyewitnesses to every danger zone, in every kind of ship. Some died horrific deaths. Others fought to survive torpedo explosions, flaming oil slicks, storms, shark attacks, mine blasts, and harrowing lifeboat odysseys—only to ship out again on the next boat as soon as they'd returned to safety.

The Mathews Men shows us the war far beyond traditional battlefields—often the U.S. merchant mariners’ life-and-death struggles took place just off the U.S. coast—but also takes us to the landing beaches at D-Day and to the Pacific. “When final victory is ours,” General Dwight D. Eisenhower had predicted, “there is no organization that will share its credit more deservedly than the Merchant Marine.” Here, finally, is the heroic story of those merchant seamen, recast as the human story of the men from Mathews.

Maya Lin: Topologies by Maya Lin: The first comprehensive monograph on the acclaimed American artist and architect, known for her environmental works and memorials that distill a tranquil yet texturally rich minimalism. Maya Lin is one of the most important public artists of this century. As an architecture student at Yale, Lin designed the Vietnam Veterans Memorial as a class project, entering it in the largest design competition in American history. Her winning proposal, a V-shaped wall of black stone etched with the names of 58,000 dead soldiers, has since become the most visited memorial in the nation’s capital.

This visually rich volume presents 50 projects from the last three decades that demonstrate the scope of Lin’s creative process, featuring her own sketches and drawings and linked by her ideal of making a place for individuals within the landscape. With her environmental works Storm King Wavefield, Eleven-Minute Line (Sweden), and Pin River–Yangtze (Beijing), Lin maintains a balance between art and architecture, drawing inspiration from culturally diverse sources.

From the moment she entered the national spotlight with her design for the Vietnam Memorial, Lin has been proposing ways of thinking and imagining that resist categories, genres, and borders.

Mexican Today: New and Rediscovered Recipes for Contemporary Kitchens by Pati Jinich: Intriguing recipes for everyday meals from the host of the PBS series Pati’s Mexican Table

On her PBS TV series, now in its fifth season, as well as in frequent appearances on shows like The Chew, Pati Jinich, a busy mother of three, has shown a flair for making Mexican cooking irresistibly accessible. In Mexican Today, she shares easy, generous dishes, both traditional ones and her own new spins. Some are regional recipes she has recovered from the past and updated, like Miners’ Enchiladas with fresh vegetables and cheese or Drunken Rice with Chicken and Chorizo, a specialty of the Yucatán. “Sweaty” Tacos with ripe tomatoes and cheese are so convenient they’re sold on Mexican streets by bicyclists. Her grandmother’s Cornflake Cookies feel just as contemporary now as they did then.

Pati has “Mexed up” other recipes in such family favorites as Mexican Pizza with Grilled Skirt Steak and Onions. Still other dishes show the evolution of Mexican food north and south of the border, including Mexican Dreamboat Hotdogs and Cal-Mex Fish Tacos with Creamy Slaw. This food will draw everyone together—a family at the end of a working day, a book club, or a neighborhood potluck. Throughout, Pati is an infectious cheerleader, sharing stores of the food, people, and places behind the recipes.

Most Blessed of the Patriarchs": Thomas Jefferson and the Empire of the Imagination" by Annette Gordon-Reed: A groundbreaking work of history that explicates Thomas Jefferson’s vision of himself, the American Revolution, Christianity, slavery, and race.

Thomas Jefferson is often portrayed as a hopelessly enigmatic figure—a riddle—a man so riven with contradictions that he is almost impossible to know. Lauded as the most articulate voice of American freedom and equality, even as he held people—including his own family—in bondage, Jefferson is variably described as a hypocrite, an atheist, or a simple-minded proponent of limited government who expected all Americans to be farmers forever.

Now, Annette Gordon-Reed teams up with America's leading Jefferson scholar, Peter S. Onuf, to present an absorbing and revealing character study that dispels the many clichés that have accrued over the years about our third president. Challenging the widely prevalent belief that Jefferson remains so opaque as to be unknowable, the authors—through their careful analysis, painstaking research, and vivid prose—create a portrait of Jefferson, as he might have painted himself, one "comprised of equal parts sun and shadow" (Jane Kamensky).

Tracing Jefferson's philosophical development from youth to old age, the authors explore what they call the "empire" of Jefferson's imagination—an expansive state of mind born of his origins in a slave society, his intellectual influences, and the vaulting ambition that propelled him into public life as a modern avatar of the Enlightenment who, at the same time, likened himself to a figure of old—"the most blessed of the patriarchs." Indeed, Jefferson saw himself as a "patriarch," not just to his country and mountain-like home at Monticello but also to his family, the white half that he loved so publicly, as well as to the black side that he claimed to love, a contradiction of extraordinary historical magnitude.

Divided into three sections, "Most Blessed of the Patriarchs" reveals a striking personal dimension to his life. Part I, "Patriarch," explores Jefferson's origins in Virginia; Part II, "Traveller," covers his five-year sojourn to Paris; and Part III, "Enthusiast," delves insightfully into the Virginian's views on Christianity, slavery, and race. We see not just his ideas and vision of America but come to know him in an almost familial way, such as through the importance of music in his life.

"Most Blessed of the Patriarchs" fundamentally challenges much of what we've come to accept about Jefferson, neither hypocrite nor saint, atheist nor fundamentalist. Gordon-Reed and Onuf, through a close reading of Jefferson's own words, reintroduce us all to our most influential founding father: a man more gifted than most, but complicated in just the ways we all are.

Naked Money: A Revealing Look at What It Is and Why It Matters by Charles Wheelan: The best-selling Naked series tackles the weird world of money.

Consider the \$20 bill.

It has no more value, as a simple slip of paper, than Monopoly money. Yet even children recognize that tearing one into small pieces is an act of inconceivable stupidity. What makes a \$20 bill actually worth twenty dollars? In the third volume of his best-selling Naked series, Charles Wheelan uses this seemingly simple question to open the door to the surprisingly colorful world of money and banking.

The search for an answer triggers countless other questions along the way: Why does paper money ("fiat

currency” if you want to be fancy) even exist? And why do some nations, like Zimbabwe in the 1990s, print so much of it that it becomes more valuable as toilet paper than as currency? How do central banks use the power of money creation to stop financial crises? Why does most of Europe share a common currency, and why has that arrangement caused so much trouble? And will payment apps, bitcoin, or other new technologies render all of this moot?

In *Naked Money*, Wheelan tackles all of the above and more, showing us how our banking and monetary systems should work in ideal situations and revealing the havoc and suffering caused in real situations by inflation, deflation, illiquidity, and other monetary effects. Throughout, Wheelan’s uniquely bright-eyed, whimsical style brings levity and clarity to a subject often devoid of both. With illuminating stories from Argentina, Zimbabwe, North Korea, America, China, and elsewhere around the globe, Wheelan demystifies the curious world behind the paper in our wallets and the digits in our bank accounts.

New Aging: Live Smarter Now to Live Better Forever by Matthias Hollwich: Aging is a gift that we receive with life—and in *New Aging*, the architect Matthias Hollwich outlines smart, simple ideas to help us experience it that way.

New Aging invites us to take everything we associate with aging—the loss of freedom and vitality, the cold and sterile nursing homes, the boredom—and throw it out the window. As an architect, Matthias Hollwich is devoted to finding ways in which we can shape our living spaces and communities to make aging a graceful and fulfilling aspect of our lives. Now he has distilled his research into a collection of simple, visionary principles—brought to life with bright, colorful illustrations—that will inspire you to think creatively about how you can change your habits and environments to suit your evolving needs as you age. With advice ranging from practical design tips for making your home safer and more comfortable to thought-provoking ideas on how we work, relax, and interact with our neighbors, and even how we eat, *New Aging* will inspire you and your loved ones to live smarter today so you can live better tomorrow.

Nothing Ever Dies: Vietnam and the Memory of War by Viet Thanh Nguyen: All wars are fought twice, the first time on the battlefield, the second time in memory. From the author of the bestselling novel *The Sympathizer* comes a searching exploration of the conflict Americans call the Vietnam War and Vietnamese call the American War—a conflict that lives on in the collective memory of both nations.

From a kaleidoscope of cultural forms—novels, memoirs, cemeteries, monuments, films, photography, museum exhibits, video games, souvenirs, and more—*Nothing Ever Dies* brings a comprehensive vision of the war into sharp focus. At stake are ethical questions about how the war should be remembered by participants that include not only Americans and Vietnamese but also Laotians, Cambodians, South Koreans, and Southeast Asian Americans. Too often, memorials valorize the experience of one’s own people above all else, honoring their sacrifices while demonizing the “enemy”—or, most often, ignoring combatants and civilians on the other side altogether. Visiting sites across the United States, Southeast Asia, and Korea, Viet Thanh Nguyen provides penetrating interpretations of the way memories of the war help to enable future wars or struggle to prevent them.

Drawing from this war, Nguyen offers a lesson for all wars by calling on us to recognize not only our shared humanity but our ever-present inhumanity. This is the only path to reconciliation with our foes, and with ourselves. Without reconciliation, war's truth will be impossible to remember, and war's trauma impossible to forget.

Paracuellos, Volume 1 by Carlos Gimenez: Paracuellos is a work of great courage, created at a time when telling the truth about Spain's political past could get one killed. It is arguably the most important graphic memoir ever created in comics.

Carlos Giménez's autobiographical account of the plight of children in post-World War II Fascist Spain has won virtually every comics award in Europe, including "Best Album" at the 1981 Angoulême Festival, and the "Heritage Award" at Angoulême in 2010.

In the late 1930s when Spanish fascists led by Franco, and aided by Hitler and Mussolini, overthrew the elected government, almost 200,000 men and women fell in battle, were executed, or died in prison. Their orphaned children—and others ripped from the homes of the defeated—were shuttled from Church-run "home" to "home" and fed a steady diet of torture and disinformation by a totalitarian state bent on making them "productive" citizens.

Carlos Giménez was one of those children. In 1975, after Franco's death, Carlos began to tell his story. Breaking the code of silence proved to be a milestone, both for the comics medium and for a country coming to terms with its past.

An illustrated essay by Carmen Moreno-Nuño, Associate Professor of Hispanic Studies at the University of Kentucky, places the comics in historical perspective.

Political Animals: How Our Stone-Age Brain Gets in the Way of Smart Politics by Richard Shenkman: Can a football game affect the outcome of an election? What about shark attacks? Or a drought? In a rational world the answer, of course, would be no. But as bestselling historian Rick Shenkman explains in Political Animals, our world is anything but rational. Drawing on science, politics, and history, Shenkman explores the hidden forces behind our often illogical choices.

Political Animals challenges us to go beyond the headlines, which often focus on what politicians do (or say they'll do), and to concentrate instead on what's really important: what shapes our response. Shenkman argues that, contrary to what we tell ourselves, it's our instincts rather than arguments appealing to reason that usually prevail. Pop culture tells us we can trust our instincts, but science is proving that when it comes to politics our Stone Age brain often malfunctions, misfires, and leads us astray.

Fortunately, we can learn to make our instincts work in our favor. Shenkman takes readers on a whirlwind tour of laboratories where scientists are exploring how sea slugs remember, chimpanzees practice deception, and patients whose brains have been split in two tell stories. The scientists' findings give us new ways of understanding our history and ourselves—and prove we don't have to be prisoners of our evolutionary past."

In this engaging, illuminating, and often riotous chronicle of our political culture, Shenkman probes the depths of the human mind to explore how we can become more political, and less animal.

Power Of Peers: How The Company You Keep Drives Leadership, Growth, And Success by Leo Bottary:

Birds of a feather flock together. We're all in the same boat. Great minds think alike. While just figures of speech to some, they reflect a simple truth—it's the company we keep that often determines the level of personal growth and professional success we achieve in life.

Business leaders exchange information and ideas. They network to make deals and build partnerships. They work together to optimize best practices, and they reach out to leaders outside their companies to accelerate growth. Simply put, CEOs and business leaders provide value to one another that they can't find anywhere else. In *The Power of Peers*, authors Leon Shapiro and Leo Bottary introduce peer advantage, a concept that transcends peer influence. This is what CEOs and business leaders experience when they are more selective, strategic, and structured in the way they engage their peers. Peer advantage gives CEOs the insights to compete and the courage to act.

The Power of Peers features stories of business leaders from a range of industries to illustrate the five essential factors for peer advantage, how it impacts personal growth and why it has proven so effective in helping leaders identify future opportunities and challenges. It's what top, growth-oriented executives have relied upon for decades to be successful in business and in life.

Propagation: Raising New Plants For The Home And Garden by David Squire:

Home Gardener's Propagation is the essential guide to raising new plants for the home and garden. Buying individual plants can be expensive but raising your own saves money and gives lots of gardening satisfaction. Every aspect of the art of propagation is covered, from the philosophy behind creating plants to the easiest species to grow to the best materials and equipment. All the major methods receive well-illustrated, in-depth, and easy to follow explanations, including seeds and cuttings, division and layering, and budding and grafting, and there's a handy, at-a-glance A-Z listing of ideal propagation plants for the home and garden. Both novice and more experienced gardeners will turn to this invaluable reference again and again.

Psychology Book (Big Ideas Simply Explained) (DK Publishing): Clearly explaining more than 100 groundbreaking ideas in the field, *The Psychology Book* uses accessible text and easy-to-follow graphics and illustrations to explain the complex theoretical and experimental foundations of psychology.

From its philosophical roots through behaviorism, psychotherapy, and developmental psychology, *The Psychology Book* looks at all the greats from Pavlov and Skinner to Freud and Jung, and is an essential reference for students and anyone with an interest in how the mind works.

Queen Elizabeth II: A Celebration Of Her Majesty's 90th Birthday by Tim Ewart: Written by ITV Royal Correspondent Tim Ewart, *Queen Elizabeth II* examines the monarch's life and reign as she marks her 90th birthday. With many unique images from the Royal Archives, this beautifully illustrated celebration covers everything from royal tours to state visits, day-to-day engagements to family festivities and grand occasions. It examines the remarkable events that have unfolded during the Queen's rule, and how she maintains

traditions that link the United Kingdom with a history stretching back more than a thousand years.

Rainbow Comes and Goes: A Mother and Son on Life, Love, and Loss by Anderson Cooper & Gloria

Vanderbilt: #1 New York Times Bestseller. A touching and intimate correspondence between Anderson Cooper and his mother, Gloria Vanderbilt, offering timeless wisdom and a revealing glimpse into their lives

Though Anderson Cooper has always considered himself close to his mother, his intensely busy career as a journalist for CNN and CBS affords him little time to spend with her. After she suffers a brief but serious illness at the age of ninety-one, they resolve to change their relationship by beginning a year-long conversation unlike any they had ever had before. The result is a correspondence of surprising honesty and depth in which they discuss their lives, the things that matter to them, and what they still want to learn about each other.

Both a son's love letter to his mother and an unconventional mom's life lessons for her grown son, *The Rainbow Comes and Goes* offers a rare window into their close relationship and fascinating life stories, including their tragedies and triumphs. In these often humorous and moving exchanges, they share their most private thoughts and the hard-earned truths they've learned along the way. In their words their distinctive personalities shine through—Anderson's journalistic outlook on the world is a sharp contrast to his mother's idealism and unwavering optimism.

An appealing memoir with inspirational advice, *The Rainbow Comes and Goes* is a beautiful and affectionate celebration of the universal bond between a parent and a child, and a thoughtful reflection on life, reminding us of the precious insight that remains to be shared, no matter our age.

Ramen Fusion Cookbook: 40 Traditions Recipes And Modern Makeover Of The Classic Japanese Broth Soup by Nell Benton: *Ramen Fusion Cookbook* features 40 traditional and modern fusion recipes for savory ramen soups in portion sizes perfect for a family. All the latest trends are included, with recipes highlighting influences from Korea, Vietnam, China, Thailand, Mexico, and the United States.

Packed with full-color photography, *Ramen Fusion Cookbook* takes you through the entire process — from starting a broth base to making noodles to properly assembling the dishes. With recommendations for different types of spices, seasonings, and oils, and coverage on additional ingredients for ramen and preparations, *Ramen Fusion Cookbook* allows you to get creative in the kitchen.

Republic of Spin: An Inside History of the American Presidency by David Greenberg: The most powerful political tool of the modern presidency is control of the message and the image.

In *Republic of Spin*—a vibrant history covering more than one hundred years of politics—presidential historian David Greenberg recounts the rise of the White House spin machine, from Teddy Roosevelt to Barack Obama. His sweeping, startling narrative takes us behind the scenes to see how the tools and techniques of image making and message craft work. We meet Woodrow Wilson convening the first White House press conference, Franklin Roosevelt huddling with his private pollsters, Ronald Reagan's aides crafting his nightly news sound bites, and George W. Bush staging his "Mission Accomplished" photo-op. We

meet, too, the backstage visionaries who pioneered new ways of gauging public opinion and mastering the media—figures like George Cortelyou, TR’s brilliantly efficient press manager; 1920s ad whiz Bruce Barton; Robert Montgomery, Dwight Eisenhower’s canny TV coach; and of course the key spinmeisters of our own times, from Roger Ailes to David Axelrod.

Greenberg also examines the profound debates Americans have waged over the effect of spin on our politics. Does spin help our leaders manipulate the citizenry? Or does it allow them to engage us more fully in the democratic project? Exploring the ideas of the century’s most incisive political critics, from Walter Lippmann and H. L. Mencken to Hannah Arendt and Stephen Colbert, *Republic of Spin* illuminates both the power of spin and its limitations—its capacity not only to mislead but also to lead.

Rich Media, Poor Democracy: Communication Politics in Dubious Times by Robert McChesney: First published to great acclaim in 2000, *Rich Media, Poor Democracy* is Robert W. McChesney’s magnum opus. Called a “rich, penetrating study” by Noam Chomsky, the book is a meticulously researched exposition of how U.S. media and communication empires are threatening effective democratic governance. What happens when a few conglomerates dominate all major aspects of mass media, from newspapers and magazines to radio and broadcast television? Since the publication of this prescient work, which won Harvard’s Goldsmith Book Prize and the Kappa Tau Alpha Research Award, the concentration of media power and the resultant “hypercommercialization of culture” has only intensified. Revised edition.

Rise of the Rocket Girls: The Women Who Propelled Us, from Missiles to the Moon to Mars by Nathalia Holt: The riveting true story of the women who launched America into space.

In the 1940s and 50s, when the newly minted Jet Propulsion Laboratory needed quick-thinking mathematicians to calculate velocities and plot trajectories, they didn't turn to male graduates. Rather, they recruited an elite group of young women who, with only pencil, paper, and mathematical prowess, transformed rocket design, helped bring about the first American satellites, and made the exploration of the solar system possible.

Rocket: Eight Lessons To Secure Infinite Growth by Michael J. Silverstein: *Rocket* tells the story of how sixteen remarkable business leaders created great brands. Leslie Wexner tells you how he turned a two-store chain into a \$6.5 billion worldwide brand called Victoria Secret, and Howard Schultz shares how he took his passion for a little coffee shop in Seattle and grew it into a 22,000-store chain, just to name two. Every story is connected to a “how-to” lesson, and by the end, you’ll have what you need to turn your best customers into apostles, cravers, and brand ambassadors.

A must-have guide for everyone who wants to grow their business faster than a competitor, this authentic, vibrant, and engaging book brings you the latest practical techniques for knowing your customers’ desires and behaviors in order to deliver intimately rewarding experiences every time they shop—including knowing what they need before they do. Included is a “self critique” to identify where you are currently before you transform your career and company by mastering how to:

- Create a demand-space map and predict how big a share of a demand space you can win with the proper 21

mix of emotional and functional benefits satisfying the attributes of that space

- Determine a strategic direction for where to place investment bets, identify which brands are best suited to win, and which are most responsive to investment
- Deliver all the core benefits of a particular demand space in your product—from packaging, shelving, pricing, and promotion to message development, store operations, delivery, and employee engagement
- Maintain a long-term vision to continuously quantify and modify for ongoing improvement, while using your successes to convert more champions along the way

With Rocket, you can rise into a cycle of renewal, energy, and power that can launch startups to phenomenal success and turn around the fate of multinational corporations.

Running from Office: Why Young Americans Are Turned Off to Politics by Jennifer Lawless: The past two decades of politics in Washington have seen increased partisanship, prolonged stalemates, and numerous scandals. For today's teenagers and young adults, years of ineffective and inefficient political leadership have completely eroded any sense that politicians or government have the ability to do good or effect positive change. Worse, the mean-spirited, dysfunctional political system that has come to characterize American politics has turned young people off to the idea of running for office. With more than 500,000 elected positions in the United States, what will happen when this generation is expected to take the reins of political power?

Through an original, national survey of more than 4,000 high school and college students, as well as more than 100 in-depth interviews, Jennifer L. Lawless and Richard L. Fox find that young Americans feel completely alienated from contemporary politics and express little ambition or aspiration to run for office in the future. The overwhelming majority see nothing particularly noble about those currently in office, viewing most as dishonest, self-interested, and disinterested in helping their constituents. These young people want to improve their communities and enact change in the world; but they don't think politics is the way to achieve these goals. In fact, they look disdainfully upon the prospects of growing up to be a mayor, governor, senator, or even president of the United States. *Running from Office* explores young people's opinions about contemporary politics and their political ambition (or lack of it). The book paints a political profile of the next generation that should sound alarm bells about the long-term, deeply embedded damage contemporary politics has wrought on U.S. democracy and its youngest citizens.

As disheartening as their conclusions sound, Lawless and Fox end with practical suggestions for how new technologies, national service programs, and well-strategized public service campaigns could generate political ambition in young people. Today's high school and college students care deeply about improving the future, and it's not too late to ensure that they view running for office as an effective way to do so.

Sleep Revolution: Transforming Your Life, One Night at a Time by Arianna Huffington: We are in the midst of a sleep deprivation crisis, writes Arianna Huffington, the co-founder and editor in chief of The Huffington Post. And this has profound consequences – on our health, our job performance, our relationships and our

happiness. What is needed, she boldly asserts, is nothing short of a sleep revolution. Only by renewing our relationship with sleep can we take back control of our lives.

In her bestseller *Thrive*, Arianna wrote about our need to redefine success through well-being, wisdom, wonder, and giving. Her discussion of the importance of sleep as a gateway to this more fulfilling way of living struck such a powerful chord that she realized the mystery and transformative power of sleep called for a fuller investigation.

The result is a sweeping, scientifically rigorous, and deeply personal exploration of sleep from all angles, from the history of sleep, to the role of dreams in our lives, to the consequences of sleep deprivation, and the new golden age of sleep science that is revealing the vital role sleep plays in our every waking moment and every aspect of our health – from weight gain, diabetes, and heart disease to cancer and Alzheimer's.

In *The Sleep Revolution*, Arianna shows how our cultural dismissal of sleep as time wasted compromises our health and our decision-making and undermines our work lives, our personal lives -- and even our sex lives. She explores all the latest science on what exactly is going on while we sleep and dream. She takes on the dangerous sleeping pill industry, and all the ways our addiction to technology disrupts our sleep. She also offers a range of recommendations and tips from leading scientists on how we can get better and more restorative sleep, and harness its incredible power.

In today's fast-paced, always-connected, perpetually-harried and sleep-deprived world, our need for a good night's sleep is more important – and elusive -- than ever. *The Sleep Revolution* both sounds the alarm on our worldwide sleep crisis and provides a detailed road map to the great sleep awakening that can help transform our lives, our communities, and our world.

Spain in Our Hearts: Americans in the Spanish Civil War, 1936-1939 by Adam Hochschild: From the acclaimed, best-selling author Adam Hochschild, a sweeping history of the Spanish Civil War, told through a dozen characters, including Ernest Hemingway and George Orwell: a tale of idealism, heartbreaking suffering, and a noble cause that failed

For three crucial years in the 1930s, the Spanish Civil War dominated headlines in America and around the world, as volunteers flooded to Spain to help its democratic government fight off a fascist uprising led by Francisco Franco and aided by Hitler and Mussolini. Today we're accustomed to remembering the war through Hemingway's *For Whom the Bell Tolls* and Robert Capa's photographs. But Adam Hochschild has discovered some less familiar yet far more compelling characters who reveal the full tragedy and importance of the war: a fiery nineteen-year-old Kentucky woman who went to wartime Spain on her honeymoon, a Swarthmore College senior who was the first American casualty in the battle for Madrid, a pair of fiercely partisan, rivalrous New York Times reporters who covered the war from opposite sides, and a swashbuckling Texas oilman with Nazi sympathies who sold Franco almost all his oil — at reduced prices, and on credit.

It was in many ways the opening battle of World War II, and we still have much to learn from it. *Spain in Our Hearts* is Adam Hochschild at his very best.

Third Wave: An Entrepreneur's Vision of the Future by Steve Case: One of America's most accomplished entrepreneurs—a pioneer who made the Internet part of everyday life and orchestrated the largest merger in the history of business—shares a roadmap for how anyone can succeed in a world of rapidly changing technology.

Steve Case's career began when he cofounded America Online (AOL) in 1985. At the time, only three percent of Americans were online. It took a decade for AOL to achieve mainstream success, and there were many near-death experiences and back-to-the-wall pivots. AOL became the top performing company of the 1990s, and at its peak more than half of all consumer Internet traffic in the United States ran through the service. After Case engineered AOL's merger with Time Warner and he became Chairman of the combined business, Case oversaw the biggest media and communications empire in the world.

In *The Third Wave*, which pays homage to the work of the futurist Alvin Toffler (from whom Case has borrowed the title, and whose work inspired him as a young man), Case takes us behind the scenes of some of the most consequential and riveting business decisions of our time while offering illuminating insights from decades of working as an entrepreneur, an investor, a philanthropist, and an advocate for sensible bipartisan policies.

We are entering, as Case explains, a new paradigm called the "Third Wave" of the Internet. The first wave saw AOL and other companies lay the foundation for consumers to connect to the Internet. The second wave saw companies like Google and Facebook build on top of the Internet to create search and social networking capabilities, while apps like Snapchat and Instagram leverage the smartphone revolution. Now, Case argues, we're entering the Third Wave: a period in which entrepreneurs will vastly transform major "real world" sectors like health, education, transportation, energy, and food—and in the process change the way we live our daily lives. But success in the Third Wave will require a different skill set, and Case outlines the path forward.

The Third Wave is part memoir, part manifesto, and part playbook for the future. With passion and clarity, Case explains the ways in which newly emerging technology companies (a growing number of which, he argues, will not be based in Silicon Valley) will have to rethink their relationships with customers, with competitors, and with governments; and offers advice for how entrepreneurs can make winning business decisions and strategies—and how all of us can make sense of this changing digital age.

Turquoise Ledge by Leslie Silko: Profound reflections on family and the natural world—from the legendary Native American author.

With the publication of *Ceremony* in 1978, Leslie Marmon Silko established herself as a storyteller of unique power and brilliance. Now, in her first work of nonfiction, Silko combines memoir with family history and observations on the creatures and desert landscapes that command her attention and inform her vision of the world. Ambitious in scope and full of wonderfully plainspoken and evocative lyricism, *The Turquoise Ledge* is both an exploration of Silko's experience and a moving and deeply personal contemplation of the enormous spiritual power of the natural world.

We Too Sing America: South Asian, Arab, Muslim, and Sikh Immigrants Shape Our Multiracial Future by Deepa Iyer: Many of us can recall the targeting of South Asian, Arab, Muslim, and Sikh people in the wake of 9/11. We may be less aware, however, of the ongoing racism directed against these groups in the past decade and a half.

In *We Too Sing America*, nationally renowned activist Deepa Iyer catalogs recent racial flashpoints, from the 2012 massacre at the Sikh gurdwara in Oak Creek, Wisconsin, to the violent opposition to the Islamic Center of Murfreesboro, Tennessee, and to the Park 51 Community Center in Lower Manhattan.

Iyer asks whether hate crimes should be considered domestic terrorism and explores the role of the state in perpetuating racism through detentions, national registration programs, police profiling, and constant surveillance. She looks at topics including Islamophobia in the Bible Belt; the “Bermuda Triangle” of anti-immigrant, anti-Muslim hysteria; and the energy of new reform movements, including those of “undocumented and unafraid” youth and Black Lives Matter.

In a book that reframes the discussion of race in America, a brilliant young activist provides ideas from the front lines of post-9/11 America.

Wisdom's Workshop: The Rise of the Modern University by James Axtell: When universities began in the Middle Ages, Pope Gregory IX described them as “wisdom's special workshop.” He could not have foreseen how far these institutions would travel and develop. Tracing the eight-hundred-year evolution of the elite research university from its roots in medieval Europe to its remarkable incarnation today, *Wisdom's Workshop* places this durable institution in sweeping historical perspective. In particular, James Axtell focuses on the ways that the best American universities took on Continental influences, developing into the finest expressions of the modern university and enviable models for kindred institutions worldwide. Despite hand-wringing reports to the contrary, the venerable university continues to renew itself, becoming ever more indispensable to society in the United States and beyond.

Born in Europe, the university did not mature in America until the late nineteenth century. Once its heirs proliferated from coast to coast, their national role expanded greatly during World War II and the Cold War. Axtell links the legacies of European universities and Tudor-Stuart Oxbridge to nine colonial and hundreds of pre-Civil War colleges, and delves into how U.S. universities were shaped by Americans who studied in German universities and adapted their discoveries to domestic conditions and goals. The graduate school, the PhD, and the research imperative became and remain the hallmarks of the American university system and higher education institutions around the globe.

A rich exploration of the historical lineage of today's research universities, *Wisdom's Workshop* explains the reasons for their ascendancy in America and their continued international preeminence. [An NPR Recommended Title.](#)

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